

**Hope returns when I remember this one thing:
The LORD's unfailing love and mercy still continue,
Fresh as the morning, as sure as the sunrise.
The LORD is all I have, and so in him I put my hope.**

LAMENTATIONS 3:21-24



1

TRIPARTITE VIEW OF SELF

HEART
(integrated self)

"The heart is the seat of the will: It makes plans and comes to good decisions. Thus the heart is the central and unifying organ of our personal life."

HENRI NOUWEN,
Journey of the Heart

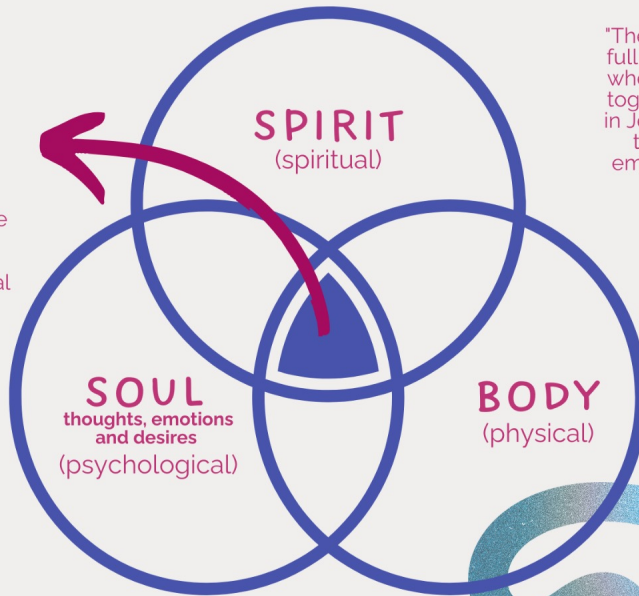
SPIRIT
(spiritual)

"The word heart is used here in its full biblical meaning of that place where body, soul and spirit come together as one. ... the word heart in Jewish-Christian tradition refers to the source of all physical, emotional, intellectual, volitional and moral energies."

HENRI NOUWEN
Spiritual Formation: Following the Movements of the Spirit

SOUL
thoughts, emotions
and desires
(psychological)

BODY
(physical)



2

RECONCILED ATTACHMENT *to a Father's Love*

READ > REMEMBER God's Story > **God's REVELATION**

Engage God's Word via Scripture Study

REPARATIVE PATHWAYS *in Christ & among His Church*

PRAY > RECOVER Our Stories > **Our CONSECRATION**

Engage God's Will for Our Lives via Prayer Journaling

MEET > RELATE Our Stories > **Our PROCLAMATION**

Engage God's Work as the Church via Christian Conferencing

RESILIENT AGENCY *by the Holy Spirit*

SERVE > RESOUND God's Story > **God's DEMONSTRATION**

Engage God's World via Testimony & Advocacy



3

READ > REMEMBER God's Story > **God's REVELATION**

Engage God's Word via Scripture Study

In what story do you believe you're living?

How do I identify the parts of myself that I still believe we are at war with God—so that in making peace, I can tell a truer story of myself?

MEET > RELATE Our Stories > **Our PROCLAMATION**

Engage God's Work as the Church via Christian Conferencing

To whom do we belong in order to become who we're becoming?

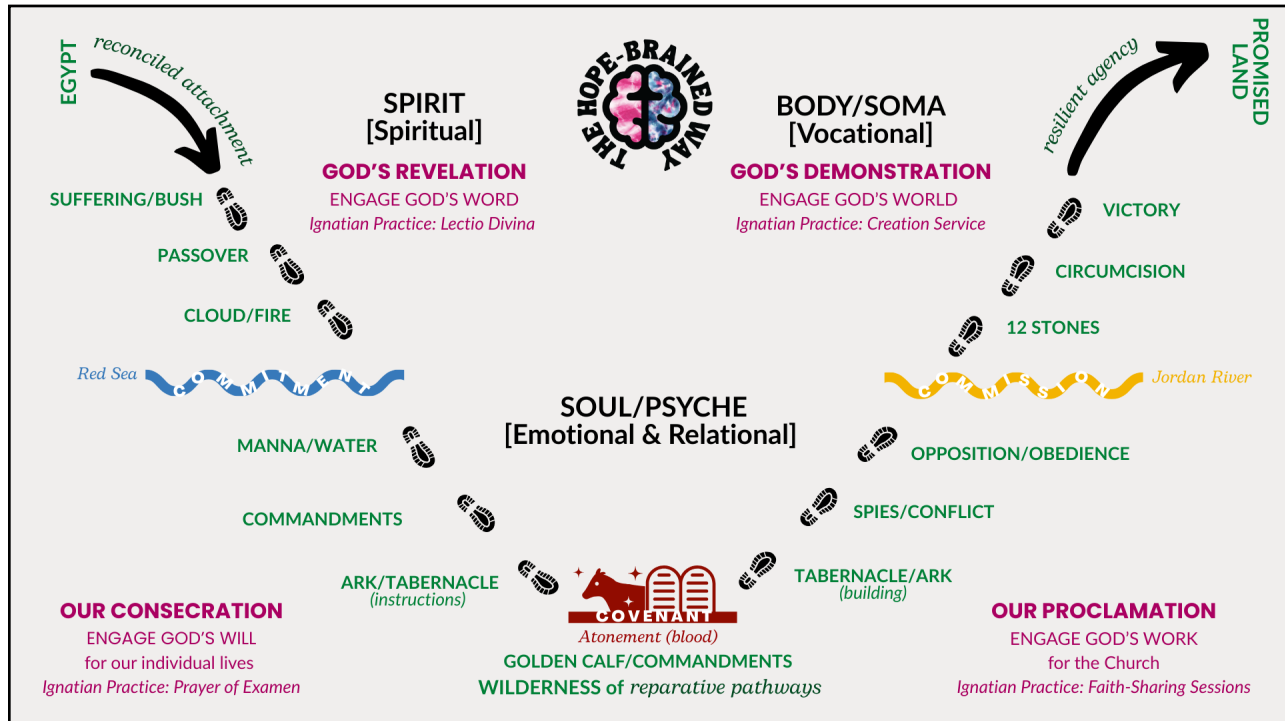
How do we become flourishing outposts of goodness and beauty in the world?

Engage God's World via Testimony & Advocacy

CurtThompson MD



4



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